

Outward journey - route and description

From Sonthofen, the trail first leads through old towns to Fischen and up to the Riedberg Pass. Via Hittisau and Alberschwende to Dornbirn. Further via Lustenau to Au and Altstätten. From there on the direct route to Appenzell. On to Urnäsch. Here first left and shortly afterwards right again to Bächli. Turn left there until you reach Hemberg (where you have the opportunity for a lunch break at the entrance to the village). Follow the signs to "Wattwil". From Wattwil go over the Rickenpass (from here on the "8") to Rapperswil on Lake Zurich. We follow the "8" in the direction of Schwyz. In Sattel we turn right to the Zuger-See to Arth. The journey continues to Küsnacht on Lake Lucerne. From there to Lucerne. Via Horw and Hergiswil we drive to Alpnach. From here it is only a "stone's throw" via Sarnen, Lungern and the Brünig Pass to Meiringen.

Total distance just under 270 km!

